Application for Reiki Level III Shinpiden Training

Please answer questions #1-4 and email to Molly (molly.coeling@gmail.com) upon registering for training. If you need more time to complete the requirements on page 2, you can wait and send page 2 prior to the training date. *(Please note that the minimum time period between Level 2 and RMT trainings is three months. Ultimately, you should do the training when you're ready and not before. Part of being ready, in my experience, is meeting the requirements on the next page of the application)*.

1. Share what your Reiki education has been. Please include timeline of trainings, teachers, other relevant trainings or experiences, involvement with the Reiki community.

2. Why do you want to complete the Shinpiden training?

3. How has your life shifted to include Reiki, and how your life has shifted because of Reiki?

4. What have you learned through your Reiki path? This could include what you have learned about yourself, the nature of humanity, energy, healing, consciousness, etc.

Requirements for Shinpiden training:

- Self-Reiki: If you haven't maintained a regular self-Reiki practice, re-institute it at least 21 days prior to the Shinpiden training.

- In-person and distant sessions: Complete ***at least 20*** in-person and/or distant Reiki sessions. At least five of them should be distant Reiki sessions. I encourage you to "compare notes" with the recipient after each session. *(Include recipient's name, date of treatment and whether distant or in-person).*

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- Reiki shares: Participate in at least two Reiki shares.

    1. Date and location:

    2. Date and location:

- Receive Reiki: Receive from other Reiki practitioners at least five times. This may include but is not limited to Reiki shares. *(Include practitioner's name, treatment date and whether distant or in-person).*

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4.	5.	6.